



VAL INFORMATION SUNDAY 15th OCTOBER

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Matlock Top 10 Sportive

Tackle the famous hill climbs within the Derwent Valley

DARK WHITE

We hope you're looking forward to Sunday's event and please click the link below for the fully comprehensive preevent guide: <u>https://darkwhitecycling.co.uk/wp-content/uploads/2017/10/2017_MTT_roadbook_4_10.pdf</u>

The final information and the road book should tell you all you need to know but should you have any further questions or queries please drop us a note on info@darkandwhite.co.uk

Start Location

The Whitworth Centre, Station Road, Darley Dale, nr Matlock DE4 2EQ - click here for a map.

Parking

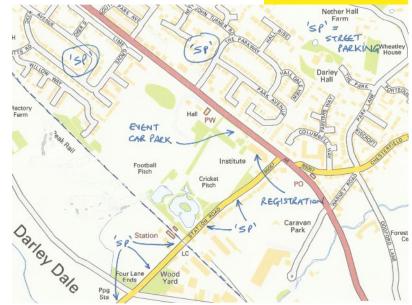
Look out for our black & yellow event signs on the day on the main A6 - please note that

there is fairly limited parking at the venue and once this is full we will cone off the entrance and you will need to park nearby - see map. There is ample parking within a 5/10 minute ride of the start venue.

Registration

Opens at 7:30am and closes at 9.15am.

We always try and make the registration process as fast and as painless as possible however queues are inevitable, so as always we ask for your patience.







Starts

The start is just outside registration. Start time anytime between **8:00 - 9:30am**

We strongly advise all riders of the long route to start before 9:00am to ensure they reach the cut off time at the feed- station

Finish Closes at 1:30pm

Lights

We **strongly** suggest you bring **front** & **back lights** if you have them particularly if it's cloudy/overcast. Basically the more visible you are to other road users the better.

LOCK UP YOUR BIKES!!

ALWAYS lock your bike if you leave it anywhere particularly in and around the start venue.

Route signage

The **route** is marked throughout with **blue arrows on a yellow background**. If you **'run out of signs'** at any time (particularly at a junction) you've probably gone wrong so turn round/go back to where you last saw a sign and try again! Rather than just riding on 'blindly'....

Cut off time en-route

The **cut off time** at the Bonsall feed-station is **11.00am** - please refer to the road book for all the information <u>https://darkwhitecycling.co.uk/wp-content/uploads/2017/10/2017_MTT_roadbook_4_10.pdf</u> It is **COMPULSORY** to **stop** at the feed station (a) for safety & timing purposes and (b) if you don't stop then you won't officially complete the route!

GPS Route Files

All forms of GPS routes can be download at GPSies - follow the links below:

Top 10 (long): <u>https://www.gpsies.com/map.do?fileId=meumabwvcwbljxwa</u> Top 4 (short): <u>https://www.gpsies.com/map.do?fileId=bvufzzqqbregsqjz</u>

NB - please note that due to a road closure near Cromford the route is slightly different to last year (on both courses).

Slippery Conditions

There's lots of leaves down at present and the roads could be damp so CARE is the word!!

FREE Sports Massage

Sarah from <u>SG Sports Massage</u> will be at the event centre offering RockTaping and a free post ride massage (massages will take approx 10 minutes).

Event Photography

<u>Chris Meads</u> will be on hand to capture your hard earned efforts.

**** IMPORTANT**** THE Highway Code – don't forget that sportives are NOT timed or racing events - it is imperative therefore that you ride safely and responsibly and observe the Highway Code at all times. This includes treating all other road users* and the general public* with respect and good manners, in particular making sure that you ride in single file on narrow roads and generally ensuring that you do not obstruct traffic unnecessarily.



* We have had reports from other events of riders being rude and abusive, this is simply not acceptable whatever the 'provocation'.

We look forward to seeing you on Sunday.

Regards Dark & White Events www.darkandwhite.co.uk | www.darkwhitecycling.co.uk | info@darkandwhite.co.uk